

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## LJ Sebala

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

**TIME** 02:27:51

**PACE** 07:01/km

**OVERALL** 330 of 766

26 October 2019, Sat **Date** 

**GENDER** 267 of

443

**50+** 36 of 64